

Curriculum for Excellence Subject Summary Physical Education

Course Level	National 5	Higher	Advanced Higher
Course Summary	This course combines practical and theoretical aspects of Physical Education. Students will develop and refine physical, skill, mental, emotional and social aspects of performance. This will be done through a range of different activities and approaches.	This course combines practical and theoretical aspects of Physical Education. Students will develop and refine physical, skill, mental, emotional and social aspects of performance. This will be done through a range of different activities and approaches.	This course combines practical and theoretical aspects of Physical Education. Students will develop and refine physical, skill, mental, emotional and social aspects of performance. This will be done through a range of different activities and approaches.
Suitable Candidates	This course is aimed at candidates who: <ul style="list-style-type: none"> ➤ Have passed National 4 ➤ Have an established performance repertoire in a range of activities ➤ Have experienced a competitive environment ➤ Are accomplished in one specific activity for their course assessment (60%) 	This course is aimed at candidates who: <ul style="list-style-type: none"> ➤ Have passed National 5 with a minimum of a B Grade ➤ Have a well-established performance repertoire in a range of activities ➤ Are accomplished in one specific activity for their course assessment (60%) and are likely to be regularly competing in this activity 	This course is aimed at candidates who: <ul style="list-style-type: none"> ➤ Passed Higher Grade with a minimum of a B Grade ➤ Have a highly-established performance repertoire in a range of activities ➤ Have a high-level performance in one specific activity for their course assessment (30%) and ➤ The performance will take the form of a single, challenging, extended performance requiring the learner to demonstrate consistently complex movement and performance skills with a high level of fluency and control. Therefore candidates must be regularly competing in this activity to this high standard
Progression	This Course or its Units may provide progression to: <ul style="list-style-type: none"> ➤ Higher Physical Education Course ➤ Other qualifications in Physical Education or related areas ➤ Employment or training 	This Course or its Units may provide progression to: <ul style="list-style-type: none"> ➤ Advanced Higher Physical Education Course ➤ Higher National Certificates ➤ Higher Education degrees ➤ Further study, employment and/or training 	This Course or its Units may provide progression to: <ul style="list-style-type: none"> ➤ Higher National Diplomas in areas such as sports science, sports coaching, or health and fitness ➤ Degrees in areas such as physical education, physical activity and health, sport and exercise science, health promotion, or sports psychology ➤ Further study, employment and/or training related to personal training or health promotion