

Curriculum for Excellence
Subject Summary
Physical Education



Course: Skills for Work: Sport & Recreation

Level: National 5

Subject Advice to Guidance/SMT

Course Summary

This course is **aimed** at candidates who would like to **enter the workplace in a sport centre type environment**. Skills for Work Courses are designed to help candidates develop:

- skills and knowledge in a broad vocational area
- core skills
- an understanding of the workplace
- positive attitudes to learning
- skills and attitudes for employability

A key feature of these Courses is **the emphasis on experiential learning**. This means learning through practical experience and learning by reflecting on experience.

NB: that this is not a physical performance type course, i.e. this course is **not aimed to improve performance skills**

Suitable Candidates

The National 5 Course in Sport and Recreation is designed to meet the needs of the sport and recreation industry. This course aims to bring candidates into the industry, to reduce skills gaps and to promote the image of sport and recreation as a career area with good prospects.

Progression

This Course or its Units **may** provide progression to:

- National Courses at Higher
- Scottish Vocational Qualifications (SVQs) in Sports and Recreation
- Further education programmes
- Training or employment